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New Year, New You!

This month we uncover two fantastic ways to get 2005 off to a good start. Most of us shy away from a new image simply because we don't know where to start. Why not take the plunge? You don't have to come up with all the ideas, there is plenty of professional help on hand. We put two of Brighton's make over services to the test

The Pink Pamper Complete Overhaul

We sent Rachel Dickinson, chemistry teacher from Cardinal Newman School and mother of Molly and Lola, to test out The Pink Pamper.

Rachel confesses to spending minimum time on daily skin and hair care. She saves make-up for special occasions and has never visited a spa or salon for a facial or pamper session. Our challenge to the Pink Pamper was to give Rachel a complete hair and face overhaul.

Rachel experienced a facial with Nimue products, a new treatment range containing anti aging glycolic acid. An eyebrow tidy, a full hair colour with natural tones and golden highlights, plus a re-style to bring out her natural curl. Rachel was shown how to achieve the smoky eye make-up effect for that sophisticated special occasion look.

To book in for a Complete Overhaul at The Pink Pamper, call 01273 608060

Rachel's Comments - "I admit I was a little apprehensive as to what the final outcome would



Left: Rachel before her new image. Below: Rachel after her new image.



be. The great thing about Andrew is that you can really trust him. He isn't going to give you a style or colour that just doesn't suit your personality. He is really funny, we had a great laugh and I absolutely love my new look. I enjoyed the facial so much that I booked my sister in for one as a present."

Striking New Hair Colour with Trevor Sorbie

We selected Samantha Robinson, front of house manager from LA Fitness and mother of a very cute one year old, Elisa Jane. Samantha's dilemma was not her hair style - we loved her sexy little bob - it was her hair colour that needed attention. For years Samantha has added lighter tints with home dye and highlight kits. She has never selected a darker shade than her normal hair colour and wanted to see if this would suit her skin tone. She also wanted to find out if there were other ways than highlights that would give her that 'X' factor. We sent Samantha to get some expert advice from senior stylist Terry Van Outen at Trevor Sorbie. Terry talked Samantha through the styles that would best suit her face shape and styled her hair into a slick bob with a modern fringe.

Her colour dilemma was solved by John Spanton, senior colour technician, who did agree that a darker colour would complement her skin tone and enhance her eye colour. John created a funky two tone effect by using a dark, velvety, burgundy-brown which he cleverly blended to a slightly brighter and lighter iridescent red-blonde through



Far left: Samantha before her new image. Left: Samantha after her new image.

the ends and the top. The finished product was absolutely gorgeous, very luxurious and warm. Just perfect for Christmas. For a fabulous new hair colour for 2005 call Trevor Sorbie on 0870 920110.

Samantha's comments - "All my close female friends at work were so excited to see my new

look. My business partner didn't even recognise me; in fact she walked straight past me. One of my work colleges said she thought I looked like a mini (because of my height!) model!! Needless to say I love my new look but do feel like I now need a whole new wardrobe to finish it all off."